

**Lady Crusader Basketball Camp**

**Application Form**

Check One: Resident \_\_\_\_\_ Commuter \_\_\_\_\_

Residence Camp: June 7-10 \_\_\_\_\_

Day Camp: June 15-18 \_\_\_\_\_

Shooting Camp: June 4-6 \_\_\_\_\_

Team Camp: June 27-28 \_\_\_\_\_

Name \_\_\_\_\_

Age \_\_\_\_\_ Grade entering \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Telephone \_\_\_\_\_

School \_\_\_\_\_

Coaches Name \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ T-Shirt Size \_\_\_\_\_

**Parent's/Guardian's name:**

\_\_\_\_\_

**Parent's/Guardian's telephone:**

Home \_\_\_\_\_ Business \_\_\_\_\_

**Roommate Preference:**

\_\_\_\_\_

**Family Insurance Company Name:**

\_\_\_\_\_

*I hereby authorize the director of the Lady Crusader Basketball Camp to act on my behalf according to her best judgment in any emergency requiring discipline or medical attention. My daughter is physically fit to participate in camp activities according to our family physician. Participants will not be covered with medical or dental insurance during the camp, and Capital University is not responsible for any injuries sustained by a student participant or camp employee.*

**Signature of Parent/Guardian:**

\_\_\_\_\_

**Camp checks or money order payable to:**

**Lady Crusader Basketball Camp Inc.**

Dixie Jeffers, The Capital Center  
Capital University  
1 College and Main  
Columbus, Ohio 43209-2394

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*Dixie Jeffers'*



**2009**

*Lady Crusader  
Basketball Camp*

@

*Capital University*

**Day Camp  
June 15-18**

**Shooting Camp  
June 4-6**

**Residential Camp  
June 7-10**

**Team Camp  
June 27-28**

[www.ladycrusader.com](http://www.ladycrusader.com)



# *Dixie Jeffers' Lady Crusader Basketball Camp*

## **Dixie Jeffers – Director of the Lady Crusader Basketball Camp**

When people talk Capital University women's basketball one name immediately comes to mind --- Dixie Jeffers. In her third decade as a college basketball coach, Jeffers and her teams have been a model of excellence and consistency on and off the court. One of the nation's all-time winningest coaches, she has won an astounding 80-percent of the games she has coached and enters this season being only the sixth coach in NCAA Division III history with 500 or more wins. Jeffers, who spent three seasons as the coach at Rio Grande University before coming to Capital, has a combined 535-149 career record. In honor of her career achievements, Jeffers was inducted into the Ohio Basketball Hall of Fame.

With Jeffers at the helm, Capital University women's basketball has become one of the nation's best and most respected basketball programs. From 1990-2000, no NCAA Division III women's basketball team has had a higher winning percentage. Also during that span, Jeffers led Capital to the Final Four an incredible four times in five years. The Crusaders finished second in 1993, became the first Division III school to win back-to-back national championships in 1994 and 1995 and finished third in 1997. With all this success, Jeffers had the distinction of being the first Division III coach to win National Coach of the Year honors in successive years (1994 and 1995).

Capital has won 20 or more games in 15 seasons and twice Crusaders crossed the 30-win plateau. Through Jeffers' tenure, Capital has won the Ohio Athletic Conference regular-season title eight times. The Crusaders also have won the OAC postseason tournament seven times, including a run of six in a row from 1992-1997 with 10 NCAA Tournament appearances. "Players constantly drive me to be successful and continue to achieve," stated Jeffers. "I have and always will love the game and will continually have the energy to do the job."

Anybody who comes in contact with Jeffers knows that energy is something the coach will never lack on or off the court. The energy Jeffers places in successful teams on the court is equally translated to her players' academic pursuits. "The kids we recruit have to understand that academics is the highest priority," says Jeffers. They have to bring the enthusiasm to the classroom that they bring to the floor. That is a Capital student-athlete." As impressive as Jeffers' numbers are on the bench, her off-the-court accomplishments are equally impressive. For 15-straight seasons a Crusader has been named Academic All-OAC and she has coached numerous Academic All-Americans, NCAA and NACDA post-graduate scholarship recipients. In 1997 Crusader Carrie Ferguson was honored nationally as an NCAA Elite VIII selection. Jeffers and her teams also have been active in the community by giving free basketball clinics, helping the homeless, visiting Children's Hospital and being active in the Special Wish Foundation, Inc. Ironically enough, Jeffers is from a small Ohio town called Mount Victory and even if it appears she has climbed the coaching mountain, she wants to continue to ascend. "Once you have experienced a national championship, you never lose that hunger to do it again, for yourself, your current players, and the University," stated Jeffers. "Other than getting married and having my children, it is one of the top experiences of my life, and I want my current players to have that experience for themselves."

Aside from her coaching duties, Jeffers serves as associate athletic director. She and her husband John live in Canal Winchester with their 16-year-old daughter Cara and 11-year-old son Jansen.

## **Camp Philosophy**

Through the Lady Crusader Basketball Camp, players will have an opportunity to work with Coach Jeffers to improve their athletic skills, sharpen their mental toughness in preparation for the game and learn how good sportsmanship can help them both on and off the court. Sessions will be held at the new Capital Center. Coach Jeffers' camp stresses basketball fundamentals. It is designed to give full attention to each camper, assuring that each girl receives the individual attention necessary to become a better player.

The Lady Crusader Basketball Camp presents each young woman with opportunities to grow as a player, regardless of her skill level, and to have fun with others who want to learn more about basketball. Coach Jeffers and her staff have built a reputation for their commitment to making the Lady Crusader Basketball Camp a rewarding experience for each participant.

## **Application and Registration**

The Lady Crusader Basketball Camp is open to girls who will be entering grades 5-9 this fall. Shooting Camp is for girls entering grades 5-10. Camp sessions start on the day of check-in. Complete and return the application form on this brochure to enroll in the Lady Crusader Basketball Camp. Enrollment is limited to ensure quality individual instruction, so early registration is encouraged. After receiving your application and deposit, a confirmation letter will be sent to you with additional camp information. A nonrefundable deposit of \$100 (**Made Payable to: Lady Crusader Basketball Camp Inc.**) for each camp session is required with the application. A nonrefundable administrative fee of \$60 will be charged for cancellations made prior to the start of camp. No refunds will be made after the start of camp. An athletic trainer will be on staff. Participants will not be covered with medical or dental insurance during the camp.

## **Room and Board**

All residents will stay in the residence halls on Capital's campus. Halls are secured and will be watched 24 hours a day. University policy permits only two girls per residence hall room; however, arrangements can be made to house friends on the same floor. Most of the meals are served in the campus cafeteria.

## **Directions to Capital's Campus**

**From the east on I-70:** Exit at Livingston. Turn right at the light and go four blocks to Francis Ave. and turn left. Francis dead-ends into Mound Street. Turn left onto Mound and go one block to Pleasant Ridge Ave. Turn right onto Pleasant Ridge. The Capital Center is on the northwest corner of Mound and Pleasant Ridge.

**From the west on I-70:** Exit at the Bexley/Main Street exit. Follow the ramp around onto Alum Creek Drive, which will dead end into Main Street. Turn right on Main Street and go four blocks to Pleasant Ridge Ave. Turn right on Pleasant Ridge. The Capital Center will be no your left, at the corner of Mound and Pleasant Ridge.

**Team Camp**  
**June 27-28**  
**\$140 per individual**

**Day Camp**  
**June 15-18**  
**\$200**

**Registration – Monday, 8am**  
**Checkout – Thursday, 3pm**

*Open to girls entering grades 5-9. Highlighting fundamental offensive and defensive basketball skills. Emphasis on improving and understanding basketball through individual and small group sessions. Designed to assist campers in becoming scoring threats, as well as enhance their offensive and defensive skills. Camp starts at 8:30 each morning and finishes at 4 pm.*

**Shooting Camp**  
**June 4-6**

**Resident \$225 - Commuter \$175**  
**Registration – Thursday, Noon-1pm**  
**Checkout – Saturday, Noon**

*Open to girls entering grades 5-10. This is a positional and shooting camp to develop guard and post fundamentals.*

**Residential Camp**  
**June 7-10**

**Resident \$325 – Commuter \$250**  
**Registration – Sunday, 11am – 1pm**  
**Checkout Wednesday, 6pm**

*Open to girls entering grades 5-9. Highlighting fundamental offensive and defensive basketball skills. Emphasis on improving and understanding basketball through individual and small group sessions. Designed to assist campers in becoming scoring threats, as well as enhance their offensive and defensive skills.*

## **Additional Information**

*\*For additional camp info go to:*

[www.ladycrusader.com](http://www.ladycrusader.com)

*\*Daily camp schedules can be acquired the first day of camp.*

*Dixie Jeffers*

*Head Women's Basketball Coach, Capital University*  
*614-236-6551 \* [djeffers@capital.edu](mailto:djeffers@capital.edu)*

**Camp Extras:**  
**Camp T-Shirt – Camp Basketball**