

Athletic Training

What can I do with this major?

OCCUPATIONS	EMPLOYERS	SKILLS TO DEVELOP
<p><u>ATHLETIC TRAINING</u></p> <p>Physician Extender Rehabilitation Services School Athletic Trainer Exercise and Strength Conditioning</p> <p>A variety of specializations occur within this field.</p>	<p>High Schools Colleges and universities Sport medicine centers Hospitals and rehabilitation clinics Health clubs and fitness centers Professional teams Corporate health centers</p>	<ul style="list-style-type: none"> • Obtain Board of Certification (BOC) Certified status. • Consider professional or graduate school in physical therapy, athletic training or medicine. • Build a strong background in the sciences. • Develop computer skills and familiarity with technology used in the field. • Volunteer to work with college or high school sport teams. • Develop excellent interpersonal skills for working with clients, coaches, and team physicians. • Maintain excellent personal fitness and athletic proficiency. • Become actively involved in the national organization • Obtain state license
<p><u>EDUCATION</u></p> <p>Teaching Elementary, Middle, or Secondary Higher Education Community Education</p>	<p>High Schools Colleges and universities Sport medicine centers Hospitals and rehabilitation clinics Corporate health centers</p>	<ul style="list-style-type: none"> • Obtain appropriate state certification for public school teaching. • Earn certification to teach multiple subjects/age groups for increased job opportunities. • Earn a graduate degree to teach in post-secondary institutions • Gain experience as a tutor, camp counselor, church schoolteacher, etc. • Build strong relationships with professors, supervisors, or other community leaders for strong personal recommendations. • Volunteer as a tutor.
<p><u>RESEARCH</u></p>	<p>Colleges and universities Sport medicine centers Hospitals and rehabilitation clinics</p>	<ul style="list-style-type: none"> • Obtain a Ph.D. for advancement in college and university positions. • Develop exceptional quantitative, statistical, and writing skills. • Learn to use statistics software packages as well as database, spreadsheet, and desktop publishing programs. • Volunteer to help a professor with a research project.

OCCUPATIONS

EMPLOYERS

SKILLS TO DEVELOP

ALTERNATIVE MEDICINE

Massage Therapy
Nutrition
Acupuncture

Private Practice
Alternative Medicine Centers

- Take classes and become certified in alternative therapies.

Strategies for Placement in Athletic Training

- Join professional associations. Read their publications and attend their meetings, seminars, and conventions to learn more about the field, as well as to make important contacts.
- Earn a graduate or professional degree for increased opportunities.
- Gain experience in a specialty area.
- Gain as much experience as possible through volunteer opportunities such as the Columbus Marathon, HeartWalk, etc.
- Take advantage of internships.

Internet Resources:

National Athletic Trainer's Association: www.nata.org.

Ohio Athletic Trainer's Association: www.oata.org.