August 25, 2016

Dear Capital University Students and Families,

As we begin the 2016-17 academic year, we are excited to announce Capital’s continued partnership with The Ohio State University Wexner Medical Center (OSUWMC) in the delivery of medical services at Capital University’s Center for Health and Wellness (CHW). The Wexner Medical Center is a coordinated and integrated health care system that is driven by its mission to improve lives through innovation in research, education and patient care, and OSUWMC providers have been listed among the “Best Doctors in America.” This partnership supports Capital’s commitment to helping our students access the highest quality medical care when they need it from the convenience of the Bexley campus.

We are introducing a new model for the way students access these services, and how insurance is billed for those services. Beginning this year, the Center for Health and Wellness, in partnership with OSUWMC, will deliver medical services to students through a combination of free consultation for basic illnesses and injuries, and billable services for illnesses, injuries, and primary health care needs that require an elevated level of evaluation, care or treatment.

Free Consultation with a Registered Nurse
Capital’s CHW will now offer walk-in visits for illness or injury consultation with a registered nurse at no cost to students. Walk-in hours will be held daily Monday through Friday throughout the academic year, including some late afternoon and early evening hours. For fall semester the walk-in hours are:

- Monday/Wednesday/Friday: 8 to 11 am
- Tuesday/Thursday: 3 to 6 pm

When students visit the CHW for an illness or injury, they will meet with a registered nurse who will review the student’s medical history, check vital signs including body temperature, blood pressure, pulse, respiration rate and weight, review the student’s symptoms, and offer advice for care.

Evaluation and Care by a Certified Nurse Practitioner Billed to Insurance
If the registered nurse determines additional care is required by a certified nurse practitioner (CNP) or a physician, the CHW staff will provide referral options to students during their visit. A CNP also will be available on site for this additional consultation and treatment, as needed, and any visit with the CNP will be billed to the student’s health insurance.

If the student prefers to see a certified nurse practitioner, the student can choose to make an appointment at the Center for Health and Wellness, even without an initial evaluation by the registered nurse. The CNP will be available for students through regularly scheduled appointments, and will provide oversight of diagnoses, treatment and prescription services for common illnesses and injuries. These include general illnesses, skin conditions, psychological conditions, musculoskeletal conditions, pelvic examinations, sexually transmitted diseases, tuberculous testing, physical examinations, and vaccinations. To make an appointment with the CNP, call the Center for Health and Wellness at 614-236-6114 Monday through Friday throughout the academic year.
Appointments with the CNP and services beyond the scope of practice for the registered nurse will be billed through the student’s insurance carrier and submitted by OSU Wexner Medical Center. Applicable co-pays will apply and be assessed for the visit. For students who do not have health insurance coverage, a health care assistance program through OSUWMC, and payment programs are available for eligible individuals who want to obtain health care services with OSUWMC.

**Free Counseling Services by Licensed Professionals**
The Center for Health and Wellness will continue to offer counseling services to students free of charge. These services include individual, relational and group counseling. Counseling services are provided by licensed mental health professionals and counselor trainees under the supervision of a licensed professional. The center offers walk-in crisis counseling hours as well as regularly scheduled sessions throughout the academic year, and also offers outreach programming and consultation services. Students who require ongoing or intensive mental health care will be offered a referral for mental health resources in the local community.

**It’s Important to Notify Your Insurance Carrier**
Capital advises all students, even if they live in Ohio, to notify their insurance carrier they are attending Capital University in Columbus, Ohio. It is the student’s responsibility to certify that their private insurance carrier will pay for expenses incurred at the University. Students also will need to know what, if any, steps are required to notify their insurance carrier of the need for medical services within a designated service area to ensure that coverage will be provided. Depending on the type of insurance, an insurance carrier may not cover expenses outside of a specified service area. In the event that your carrier does not cover expenses beyond a specified service area or in Columbus, you should discuss your insurance needs with your agent and obtain appropriate medical coverage.

**Verify Your Coverage**
Students also are encouraged to visit the following link for a listing of insurance plans accepted by OSUWMC: https://wexnermedical.osu.edu/patient-and-visitor-guide/insurances-we-accept. We encourage students to verify coverage specific to your plan with your carrier directly.

Under the Affordable Care Act, it is the responsibility of all individuals to carry health insurance, and Capital University anticipates that all students will have appropriate coverage. Any student in need of health insurance may visit the following links to learn more about insurance options provided through the Health Insurance Marketplace: http://www.enrollamerica.org/; and https://www.getcoveredamerica.org/.

With this new service delivery model, Capital continues to provide high-quality, on-site services for students’ illness, injury and primary health care needs at the Center for Health and Wellness. The CHW will provide advice consultations at no cost, while comprehensive examinations by the certified nurse practitioner, which will be billed to your insurance carrier, will be available by appointment. Additional specialists and resources are available to students if they wish to see a provider at one of the OSUWMC locations outside of Capital. The CHW also will connect students with other medical services in the community, if requested, to offer options for care that fit the student’s needs.

**Questions?**
As we continue to provide high-quality medical and behavioral health care, please do not hesitate to contact us with any questions regarding this model for the delivery of medical services. I can be reached by e-mail at jspeakman@capital.edu or telephone at 614-236-6611.

Sincerely,

Jennifer Speakman, Ph.D., CRC
Assistant Provost and Title IX Coordinator