

Art Therapy



Program Overview

Capital's Bachelor of Arts with an Art Therapy major includes a broad range of courses in studio art, psychology, and art therapy. By using the creative process, art therapy can help develop and enhance the mental, emotional, and physical well-being of individuals of all ages. Form, content, and reactions to the artwork can be used by the art therapist to explore interpersonal conflicts, develop interpersonal skills, manage symptoms and behaviors, gain self-awareness, and develop self-esteem. Degree requirements include 16 hours of studio art, 3 hours of art history, 25 hours of art therapy, and 13 hours of psychology.

Careers and Placement

Many art therapists function as an integral member of a therapeutic team, while others serve as consultants or conduct private practices. Art therapists also perform individual and group art therapy in out-patient clinics and medical and psychiatric hospitals. Other programs are present in schools and for those with special needs, where therapists work with those who have physical, emotional, and developmental challenges, and in nursing homes, where art is often used for quality of life. Art therapists can also be found in substance abuse agencies, counseling centers, halfway houses, prisons, private practices, and employee assistance and hospice programs.

Certification

The American Art Therapy Association awards the designation of Art Therapist Registered (A.T.R.) in recognition of specific standards of professional competence. Certification at the professional level requires appropriate work experience and a master's degree from an approved graduate program. An undergraduate degree in art therapy provides a strong foundation in using art as meaningful expression. The Capital University Student Art Therapy Association attends meetings sponsored by the Buckeye Art Therapy Association, which is the state chapter of the American Art Therapy Association.

The Bachelor of Arts degree with a major in art therapy can be strengthened by applying 29 elective credits toward an added major or minor with one of the following tracks:

Clinical Track

Major/Minor in Psychology (8-31 Hours)
Minor in Criminology (20 Hours)
Minor in Sociology (20 Hours)
Minor in Social Work (20 Hours)

Studio Track

Major/Minor in Studio Art (6-28 Hours)
Minor in Art History (15 Hours)
Minor in Music (18 Hours)

What Our Grads Are Doing Now:

Art Therapist

Counselor

Private Practice

Consultant

You'll Be Prepared To:

- Broaden understanding of what art therapy is, and apply that through practical application in clinical settings
- Produce original and visually organized works of art and design
- Broaden an understanding and appreciation of artworks by exploring their historical and cultural contexts
- Participate in professional development activities that prepare them for graduate school or their chosen field

Art Therapy

Four Year Sample Curriculum

First Year, Fall

College Reading and Writing
Intro to Art Therapy
Foundations in Studio Art
Principles of Psychology

First Year, Spring

Imagery and Metaphor
Life Drawing
Quantitative Reasoning
Oral Communication
Cultural Diversity

Second Year, Fall

Assessment in Art Therapy
Painting and Drawing
Art History Survey
Psychology Ethics Seminar
Electives

Second Year, Spring

Art Therapy Techniques
Developmental Psychology
Global Awareness
Elective

Third Year, Fall

Ceramics
Humanities
Art Elective
Abnormal Psychology

Third Year, Spring

Clinical Applications
Natural Science
Religion
Internship
Electives

Fourth Year, Fall

Ethical Thought
Internship
Electives

Fourth Year, Spring

Internship
Electives

All courses subject to availability and advisor approval. All undergraduates must demonstrate that Signature Learning goals have been met.

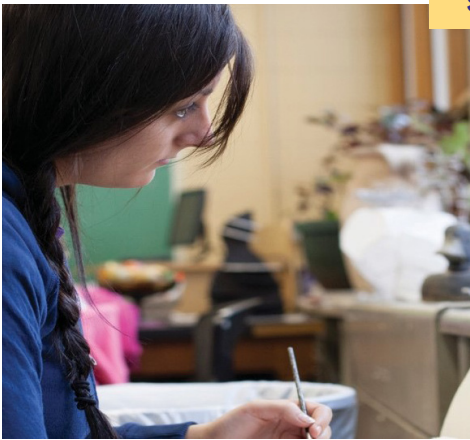
Student Art Therapy Organization

Program Specific Organizations

Kappa Pi

Schumacher Gallery

Phi Beta



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Learn More



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