

APRIL 2025



OFFICE OF **DIVERSITY  
& INCLUSION**  
at Capital University

# Unity in Diversity

Happy April! This month, we celebrate Autism Acceptance Month, a time dedicated to promoting understanding, acceptance, and inclusion of individuals on the autism spectrum. It's a chance to foster a deeper understanding of neurodiversity, celebrate the strengths and contributions of those with autism, and work toward creating a more inclusive world for everyone.

As part of our mission, we strive to ensure that all students feel seen and valued in all aspects of their identities, regardless of any social category. During April, we encourage you to reflect on how you can contribute to inclusivity—recognizing and celebrating the diversity of those around you, no matter who they are.

We're also excited to celebrate the sense of unity and resilience we've shown as a community during this eventful spring semester. The Power of Us Awards highlights the amazing efforts by members of our campus to create a space where everyone feels at home. As we always say, "You Belong Here." Whether you're a current Comet, an alum, faculty, staff, or community member, you are always a part of the #CapFam.

To our seniors, congratulations! You've grown so much—both inside and outside the classroom. From the moment you stepped onto campus, you've made new friends, built networks, and led alongside your peers. You've learned how to make a positive impact on our campus and in the world beyond. It's been an honor to be part of your journey, and we look forward to supporting you as you embark on this exciting new chapter. Congratulations once again!

-The ODI Team

Instagram: @capitalodi Email: [odi@capital.edu](mailto:odi@capital.edu)

APRIL 2025



OFFICE OF **DIVERSITY  
& INCLUSION**  
at Capital University

CAPITAL AUTISM SOCIETY

**AUTISM**

**ACCEPTANCE MONTH  
CELEBRATION**

**APRIL 29TH; 5-6:30PM  
BLACKMORE 110**

GAMES, GIVEAWAYS,  
RAFFLE, CANES, AND  
MORE!!!



APRIL 2025



OFFICE OF **DIVERSITY  
& INCLUSION**  
at Capital University

Great news, Cap Fam! We're excited to announce that we will be distributing **sensory bags** across campus.

What exactly is a sensory bag? For students with Autism, sensory bags are designed to help manage sensory overload, providing tools to self-regulate and feel more comfortable in various environments. The great thing about sensory bags, they can benefit anyone!

Our **sensory bags** will include:

- **Sunglasses (to reduce the overwhelming impact of bright light, which can be triggering, and useful even indoors)**
- **Earplugs (to help reduce noise distractions)**
- **Fidget toys (which provide tactile stimulation and can help with focus)**
- **Soft sensory brushes (calming and stimulating for the senses)**
- **Candy (to offer a burst of sugar for energy or a calming effect for those who might feel overwhelmed).**

Starting Monday, April 7, our ODI Interns will be distributing these sensory bags at the:

- **Office of Diversity and Inclusion**
- **Office of Student and Community Engagement**
- **Office of Accessibility Services (Ruff Learning Center)**
- **Center for Health and Wellness (Kline Building).**

We hope these bags provide comfort and support for our students, and we plan to keep them available all year long. A huge thank you to the Capital Autism Society for helping us bring this project to life. This is a true example of students serving students!





APRIL 2025



OFFICE OF **DIVERSITY  
& INCLUSION**  
at Capital University

A horizontal band of abstract, painterly brushstrokes in various shades of blue, teal, orange, and yellow, creating a vibrant rainbow effect.


# Canvas of Compassion: Building Unity Through Kindness

Join us in the Student Union Lobby to write messages of kindness and acceptance on the windows of the Denvy Bowman Center. Together, we'll create a Canvas of Compassion that spreads positivity and unity throughout our community

April 9: 3pm-5pm

April 11: 3pm-4pm

April 14: 3pm-5pm

A horizontal band of abstract, painterly brushstrokes in various shades of blue, teal, orange, and yellow, creating a vibrant rainbow effect.



SOLA x ODI

# AREPAZO MY FINALS

Want help passing finals?  
Come study and enjoy delicious food brought  
to you by SOLA and Smooth Transitions!

When?

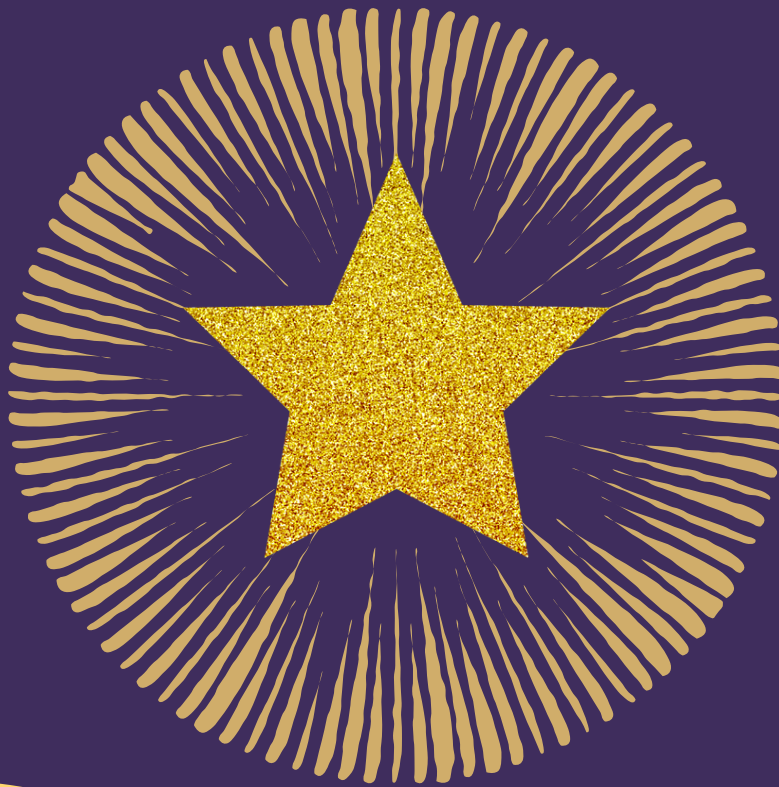
April 23, 2025  
4:00-6:00 PM

Where?

Denvy Bowman Center



*Hosted by the Office of Diversity and Inclusion*



# *The Power of Us*

**AWARDS & GRADUATION CELEBRATION**

**Friday, April 25, 2025 | Schneider Conference Room | 6:00 pm**

**RSVP & Nominate Awardees on Engage**

**All are welcome to attend!**

APRIL 2025



OFFICE OF **DIVERSITY  
& INCLUSION**  
at Capital University

# THE POWER OF US: AWARDS AND GRADUATION CELEBRATION

Formerly recognized as the ODI Awards, The Power of Us Awards expands on all the places we can execute values associated with inclusion, advocacy, and equity.

We welcome students, faculty, staff, and alumni to celebrate the ways in which our Capital University community has demonstrated these values.

The categories in which campus members can be nominated include:

- *Athletes in Action*
- *DEI in Student Government*
- *Outstanding Mentorship*
- *Students Serving Students*
- *Ignite Achievement Award (First-Year Student)*
- *Bridge Builder Award (Sophomore Student)*
- *Leading Change Award (Junior)*
- *DEI In Media*
- *Access and Inclusion*
- *Champion of Allyship*
- *Amplifier of Voices Award (Faculty or Staff)*



APRIL 2025



OFFICE OF  
**DIVERSITY  
& INCLUSION**  
at Capital University

# THE POWER OF US: AWARDS AND GRADUATION CELEBRATION

## *Seniors...*

We want to take a moment to celebrate your incredible resilience and hard work in reaching the milestone of completing your undergraduate journey at Capital University. This is a significant achievement, and we are excited to honor your dedication and perseverance.

To ensure that we can properly recognize you and offer you the opportunity to share your inspiring story as a student leader here at Capital, please be sure to RSVP for the event on Engage.

Additionally, if you haven't done so yet, please email [odi@capital.edu](mailto:odi@capital.edu) to request your Kente, Pride, Indigenous, or Latinx graduation stole, which serves as a symbol of your unique journey and contributions to our community.

We are looking forward to celebrating your accomplishments and the incredible impact you've made at Capital University!

