

SEPTEMBER 2025



OFFICE OF **DIVERSITY
& INCLUSION**
at Capital University

Cultivating Courageous Communities

Welcome back to campus, Comets!

This year, the Office of Diversity and Inclusion is proud to introduce our theme: Cultivating Courageous Communities.

We're focusing on the intentional ways we build communities rooted in inclusivity, equity, and belonging. Courage is essential—it's what allows us to create spaces where we can engage in honest conversations, confront biases with compassion, and advocate for meaningful change.

Throughout the year, we'll center connection, accountability, and empowerment—equipping one another to challenge injustice with empathy and purposeful action. Together, we will continue to grow and strengthen our courageous community here at Capital University.

Stay connected with us by subscribing to the ODI newsletter and following us on Instagram and Engage for updates on programs, projects, and initiatives.

-The ODI Team



Instagram: @capitalodi

Email: odi@capital.edu

Mission of the ODI

The Office of Diversity and Inclusion serves as a valuable resource to the university and all students and is committed to building an inclusive campus environment through programming that fosters an appreciation and respect for the culture, history, and traditions of all people.



Keep an Eye Out For Signature Programs:

- Pizza and the Paper
- Social Justice Film and Discussion Series
- Menorah Lighting
- Celebration of Kwanzaa
- The Power of Us Awards



Contact Information

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Smooth Transitions 2025

The Office of Diversity and Inclusion proudly welcomed 43 first-year students into the Smooth Transitions Family. Together with 16 mentors and 3 Co-Coordinator, we partnered with the SCE's Orientation Team to introduce students to campus life through a series of identity-focused sessions.

Through sessions on transforming campus culture with Student Government and Accessibility Services, fostering well-being rooted in personal identity with the Center for Health and Wellness, and collaborating with faculty, our students entered the first week of classes with confidence and a strong sense of preparedness!

We would like to express our sincere gratitude to our staff, faculty, and administrators for their unwavering support in ensuring the success of the Smooth Transitions program. By being a Tree of Wisdom, supporters help sustain Smooth Transitions as a cornerstone of our institution.



Let's Celebrate

Hispanic Heritage Month begins on September 15, a time to intentionally recognize, learn about, and celebrate the rich cultures, histories, and contributions of the Latinx and Hispanic communities in the United States.

This month-long celebration, which runs through October 15, is marked across the country with concerts, food festivals, educational programs, art exhibits, and community events. It's also a time to honor the legacies of influential figures such as César Chávez, a civil rights activist and labor leader who co-founded the United Farm Workers union, and Dolores Huerta, a pioneering advocate for workers' rights and social justice.

At Capital University, we celebrate Hispanic Heritage Month by encouraging meaningful programs, supporting cultural events, and promoting opportunities for students, faculty, and staff to engage with the diverse stories and contributions of Hispanic and Latinx individuals from all walks of life. This includes heroes from a variety of backgrounds, faiths, and traditions who have shaped American society in powerful ways.

To learn more and celebrate authentically and thoughtfully, consider attending campus events, engaging with Latinx and Hispanic authors, artists, and speakers, or exploring the history and current experiences of these communities through reputable sources and cultural organizations. Let this month be not only a celebration, but also an invitation to grow in understanding, solidarity, and appreciation.



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04

THURS

HOLA WITH SOLA

4:00 PM | SCHAAF LAWN

12

FRI

**NOODLE STAND WITH ASIAN AMERICAN
ASSOCIATION**

1:00 PM | STUDENT UNION LOBBY

**PIZZA AND THE PAPER WITH WELLNESS AND
PREVENTION**

4:00 PM | DENVY BOWMAN CENTER

15

MON

PRIDE BONFIRE

5:00 PM | SCHAAF LAWN

22

MON

GOSPEL AND CONVERSATIONS WITH IMPACT

6:00 PM | DENVY BOWMAN CENTER

26

FRI

PIZZA AND THE PAPER WITH SOLA

4:00 PM | DENVY BOWMAN CENTER

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Pizza and the Paper

August 29

September 12

September 26

October 24

November 7

November 21

**Denvy Bowman
Center**

Pizza and the Paper is an informal gathering where students discuss topics that impact their lives as college students and their civic responsibilities. From campus issues to global perspectives, students learn from each other and challenge one another to create change. Learn more on Instagram and on Engage.

THE OFFICE OF DIVERSITY AND INCLUSION
AND WELLNESS AND PREVENTION PRESENT

PIZZA & THE PAPER

September is Suicide Prevention Month. Join us in an engaging and meaningful conversation focused on suicide prevention, mental health, and your life as a college student.



FRIDAY, SEPTEMBER 12

4:00 - 5:00 PM

DENVY BOWMAN CENTER



September is Suicide Prevention Month.

Candlelight: Faith & Mental Health

Thursday, Sept. 11

8:08 PM

Schenk Chapel

Campus Ministries and The
Center for Health and Wellness

Intention Bracelets

Wednesday, Sept. 10

CAB, Peer Educators

Details coming soon!

Follow us

on instagram for more
resources and information
about upcoming events for
Suicide Prevention Month!

@capitalodi

@wellnessandprevention_cu

@capitalsce

Pizza & The Paper

Friday, Sept. 12

4:00 - 5:00 PM

Denvy Bowman Center

Office of Diversity and Inclusion,
Peer Educators, Center for
Health and Wellness

Mental Health Resources:

- Capital's Center for Health and Wellness: 614 - 236 - 6114
- Capital's After-Hours On-Call Counselor: 855 - 795 - 4576
- Suicide and Crisis Lifeline (call or text): 988
- The Trevor Project (for LGBTQ+ Young People): 1 - 866 - 488 - 7386 or text "START" to 678-678

Let's
Break
the Stigma





Diversity and Inclusion



Hey have you heard about
Candlelight and Conversations?

Hosted by Campus Ministries on
Thursday evenings? Yes,
but...what is it?



I'm glad you asked! Candlelight
and Conversations is an intimate
and safe space for conversation
where we navigate the overlap in
faith and other aspects of our
lives.

That sounds super cool. Would
you want to go together? The
Chapel is just across the street.



For sure! I'll send over the
schedule for you to look at! It'll
be fun.

CANDLELIGHT AND CONVERSATION

8/28

Lutheran Identity and Inclusivity
at Capital University

Schenk Chapel



9/4

Across E. Main: Food, Fellowship
and Community

Schenk Chapel



9/11

Faith & Mental Health: Suicide
Awareness Month

Schenk Chapel



9/18

Hearing God's Voice In Quiet
Moments

Interfaith Prayer Room



9/25

A Month Later: Reflect and Move
Forward

Interfaith Prayer Room



All Candlelight and Conversations
begin at 8:08 PM.

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Save the Date!

**35TH ANNUAL DR.
MARTIN LUTHER KING
JR. DAY OF LEARNING**



**Unfinished Business:
The Ceilings We Break**
January 19, 2026